

Fremantle Court Care Home Open Week Activities



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| | Week commencing: 24th June 2024 | Activity Team: Ben, Theresa and Mandy |
| Monday 24th June | Exercise and 'On This Day' | Short Stories |
| Location | 11.30am-12.30pm in the Activity Room | 2.30pm-3.30pm in the Activity Room |
| Tuesday 25th June | Crosswords and Quiz | Bowling |
| Location | 11.30am-12.30pm in the Activity Room | 2.30pm-3.30pm in the Activity Room |
| Wednesday 26th June | Goat Farm Visit | Music & Movement |
| Location | 11.30am-12.30pm in the Activity Room | 2.15pm-3.15pm in the Blue Lounge |
| Thursday 27th June | Bingo and Quiz | Bowling |
| Location | 11.30am-12.30pm in the Activity Room | 2.30pm-3.30pm in the Cinema Room |
| Friday 28th June | Yoga & Meditation | Armchair Travel |
| Location | 11.30am-12.30pm in the Activity Room | 2.30pm-3.30pm in the Cinema Room |